## References

Premavalli K.S and Satyanarayana Swamy Y S,2011, Chapter on 'Taste of Foods' in the Book on 'Sensory Taste', M/s Nova publishers

- 1. Thomas Yarema, R. 2005, Eat, taste, heal, An Ayurvedic Cook Book for modern living. First edition, Five Elements Press.
- 2. Guion, P. 1989, Umami-a20th century phenomenon, European Food & Drink Review, summer, 33-35.