

ASSIGNMENT

- 1) Write a note on the digestion and absorption of fat soluble vitamins.
- 2) List out the food sources of fat soluble vitamins.
- 3) List out and justify the ideal medium in food for fortification of fat soluble vitamins.
- 4) Write a review report on the stability of fat soluble vitamins in different media.
- 5) How can nutritional status and disease condition influence bioavailability of fat soluble vitamins?
- 6) Write a review report on the recent technologies employed to retain the stability of fat soluble vitamins in food.
- 7) Write a note on the discovery of vitamins.
- 8) Write a note on the safety and precautions to be taken while using synthetic sources of vitamins.
- 9) Write a report on different methods used to quantify fat soluble vitamins in food and biological samples.
- 10) Write a note on structure and function of fat soluble vitamins in the human body.