

References

- Chatterjea M N and Rana S. (2005). Textbook of Medical Biochemistry, 6th Edition. Jaypee Brothers, Medical Publikshers (P) Ltd, New Delhi.
- Dietary Guidelines for Indians -A Manual. (2011). National Institute of Nutrition Hyderabad, India
- Gurr M I and Harwood J L. (1991) Fatty acid structure and metabolism. In: Gurr M I and Harwood J L (eds) Lipid Biochemistry, An Introduction. London: Chapman and Hall.
- Margie L G. (2008). The Nutrients and Their Metabolism. In: Krause Food and Nutrition Therapy. Editors: Kathleen Mahan L and Sylvia E S. by Saunders, Imprint of Elsevier Inc, Canada.
- Nutrient Requirements and Recommended Dietary Allowances for Indians. (2009) A Report of the Expert Group of the Indian Council of Medical Research. National Institute of Nutrition Hyderabad, India
- Nutrition and Dietetics Higher Secondary - First Year. (2004). Tamilnadu Text Book Corporation College Road, Chennai
- Owen R. Fennema. (1997). Food chemistry, 3rd ed. Marcel Dekker, Inc. New York, New York
- Sareen S. G, Jack L. S and and James L. G. (eds). (2009). In. Advanced Nutrition and Human Metabolism, 5th edition. 2009, Cengage Learning, Wadsworth, USA.
- Srilakshmi B. (2005). Food Science, 3rd edition. New Age International (P) Limited Publishers, New Delhi.
- Vickie A. V and Elizabeth W. C. (2008) *In the* Textbook: Essentials of Food Science, 3rd edition. Springer Science+Business Media, LLC., New York, USA.