

ASSIGNMENT

- 1.The diet-heart theory or the lipid hypothesis
- 2.Formation of Plaque due to Lipoprotein
- 3.Effect of different types of fats on Cholesterol levels
- 4.Recommendations for Type of Visible Fat for maintaining good health.
- 5.Non-glyceride components in dietary fats and oils and their biological functions.
- 6.Importance of Saturated fatty acids Vs Trans fats
- 7.Importance of Lipids in growth and development
- 8.Role of dietary fatty acids in preventing CHD
- 9.Sources of Trans Fatty Acids
- 10.Physiological role of Lipids