

## **Summary:**

Waterborne illnesses can cause a variety of symptoms. While diarrhea and vomiting are the most commonly reported symptoms of waterborne illness, other symptoms can include skin, ear, respiratory, or eye problems. Raw foods of animal origin, that is, raw meat and poultry, raw eggs, unpasteurized milk, and raw shellfish, fruits and vegetables . Raw sprouts are particularly concerning because the conditions under which they are sprouted are ideal for growing microbes. Food borne illness costs the United States \$23 billion annually. Causes an estimated 1.4 million food borne illnesses/year . Food borne illness usually arises from improper handling, preparation, or food storage. Good hygiene practices before, during, and after food preparation can reduce the chances of contracting an illness. As already seen, faecal pollution of drinking-water can lead to a number of diseases, including: cholera, typhoid fever, paratyphoid fever, salmonellosis, shigellosis, hepatitis.