

OBJECTIVE

In this episode of Butter milk, we deal with the major topics like,

- 1.What is Buttermilk
- 2.What is the nutritional composition of Buttermilk
- 3.What are the types of Buttermilk
- 4.How to manufacture different types of Buttermilk
- 5.What is the significance and biological Importance, Health Benefits of Buttermilk