

# Glossary

**parchment:** The coffee seeds are removed from the cherries and are dried and hulled to remove the protective skin called parchment.

**bad cholesterol :** kind of cholesterol which is low-density lipoproteins (LDL)

**Parkinson's Disease:** it is a long-term degenerative disorder of the central nervous system that mainly affects the motor system.

**Alzheimer's Disease :** is a chronic neurodegenerative disease. The most common early symptom is difficulty in remembering recent events (short-term memory loss).

**conch :** The refined chocolate is further improved by grinding under rollers of machines called conch because the resemblance of its shape to a conch (shell).

**ROS:** reactive oxygen species