

OBJECTIVE

In this episode, we learn about

- Ginger
- Turmeric(golden herbes)
- Bioactive compounds health benefits
- Medicinal properties of turmeric
- Medicinal properties of Ginger
- Gingerol its properties
- Theoleoresin
- Turmeric and other uses
- Demethoxycurcumin
- Turmeric used in dye preparation