

## ASSIGNMENT

1. Make a list about uses of Nutmeg
2. The Anti-Inflammatory Effects of spices Can Help With Osteoarthritis
3. Define health benefits of chilli
4. Go to nearest school, explain them about grandmother medicine
5. World production of chillies
6. Explain Myristicin poisoning to the young childrens
7. Write noted on Evolution of hot taste of chilli
8. Write noted on preparation of Pepper spray and pests and uses
9. Myristica Fragristica, health benefits?
10. Justify how how Myristica Fragristica commercial crop?.
11. Explain what is Eugenol and health benefits?