

Summary

Food additives are substances or mixture of substances that become part of a food product when they are added during the processing or making, storage, or packaging.

"Direct" *food additives* are often added during processing to: Add nutrients. Food additives are chemicals that keep food fresh or enhance its colour, flavour or texture. Salt, baking soda, vanilla, and yeast are all food additives and are commonly used in processed foods today. According to law, the label must identify the food product in a language the consumer can understand. It must indicate the manufacturer, the packer, or distributor, and declare the quantity of contents either in net weight or volume.