

Summary:

As per food laws every packaged food article has to be labelled in accordance to the law applicable in the country of the user. Every packaged food article for the domestic use has to be labelled in accordance to the related Indian Food Law i.e. Food Safety and Standards (Packaging and Labelling) Regulations, 2011, notified by Food Safety and Standards Authority of India (FSSAI),2006. Nutrition labelling and consumer awareness has significant impact on the choice of food and overall health indices of our nation .FSSAI has been created for laying down science based standards for articles of food and to regulate their manufacture, storage, distribution, sale and import to ensure availability of safe and wholesome food for human consumption from farm to table. Fssai has been planned and implemented to ensure food safety and quality to reach grassroot levels irrespective of economic constraints of every consumer in India.