## Summary

Baking and baked foods are extremely popular both as snacks as well as staple food items throughout the world. Baking which initiated historically as main food course, has moved on to highly versatile food items such as pizza, pastries, innovative chocolate filled snacks and many more. The process of baking is quite intricate and it is important to follow them carefully. Like every food, the baked food has to be stored and packed carefully to retain its freshness and flavor. Baked foods are universally popular among all age groups.

Dear viewers in this paper under science and technology of grains and cereals, today we will be learning on principles behind baking and different types of foods which are classified under baked items.