



Glossary

Anaemia: is a condition in which the number of red blood cells or their oxygen-carrying capacity is insufficient to meet physiologic needs

Beriberi: is a deficiency disease of vitamin B1.

Carbohydrates: is an organic compound that consists only of carbon, hydrogen, and oxygen.

Dermatitis: is an itchy inflammation of the skin. It is not contagious or dangerous

Halitosis: bad breath occurs when noticeably unpleasant odors are exhaled in breathing.

Insomnia: sleeplessness or sleeping difficulties to an individual.

Invertebrates: are animal species that do not develop a vertebral column.

Keratomalacia: is an eye disorder that leads to a dry cornea.

Megaloblastic anemia: is an anemia (of macrocytic classification) that results from inhibition of DNA synthesis in red blood cells.

Pellagra: is a deficiency disease of vitamin B3.

Reticulocytosis: is a condition where there is an increase in reticulocytes, immature red blood cell.

Scurvy: is a deficiency disease of vitamin C.

Vertebrates: are animal species that have a well developed vertebral column

Vitamins: Vitamins are organic molecules that function in a wide variety of capacities within the body.