ASSIGNMENT

- 1. What are the various disease risks associated with consumption of carbohydrates?
- 2. How is increase in weight associated with the consumption of carbohydrates?
- 3. What is the role of fructose in increasing the triglycerides in the body?
- 4. What makes desugarization of certain food products like egg white necessary before drying?
- 5.In what products the occurrence of Maillard reaction is desirable?