



Reference Links

<http://en.wikipedia.org/wiki/Carbohydrate>

<http://www.medicalnewstoday.com/articles/161547.php>

<http://www.cdc.gov/nutrition/everyone/basics/carbs.html>

<http://www.hsph.harvard.edu/nutritionsource/carbohydrates/>

<http://www.wisc-online.com/Objects/ViewObject.aspx?ID=AP13104>

<http://www.diabetes.org/food-and-fitness/food/what-can-i-eat/carbohydrates.html>

<http://www.bodybuilding.com/fun/bbinfo.php?page=carbohydrates>

http://www.chem4kids.com/files/bio_carbos.html

<http://www.naturalnews.com/carbohydrates.html>

