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## LINKS

1. [http://www.buzzle.com/articles/vitamin/in\\_fruits.html](http://www.buzzle.com/articles/vitamin/in_fruits.html)
2. <http://www.healthaliciousness.com/articles/high-calcium-fruits.php#cZkq1jS4fwc0LoAK.99>
3. <http://www.livestrong.com/article/247672-calcium-in-fruit-foods/#ixzz2G8EyQiCU>
4. <http://nutritiondata.self.com/help/glossary#ixzz2GEE076Mp>
5. <http://nutritiondata.self.com/help/glossary#ixzz2GELqooKV>