

REFERENCE

- Eagan, Maureen, and Susan Davis Allen. Healthful Quantity Baking. New York: John Wiley and Sons, 1992.
- Fance, Wilfred J, ed. The New International Confectioner, 5th ed. London: Virtue and Co., 1981.
- Figoni, Paula. How Baking Works. Hoboken, N.J; John Wiley and Sons, 2004.
- Lenotre, Gaston. Lenotre's Desserts and Pastries. Woodbury, N.Y. Barron's, 1977.
- Lenotre's ice Creams and Candies. Woodbury, N.Y. Barron's 1979
- Matz, S.A. Bakery Technology and Engineering. 3rd ed. Pan Tech International, 1999.

LINKS

<https://en.wikipedia.org/wiki/Sugar>

<http://www.health.gov/dietaryguidelines>