Summary

Soup is a popular menu choice, as an appetizer or as main course. Customers like variety of flavors and nutrition that different soups provide. Soups are frequently served at lunch and dinner. Soups have been an inevitable part of cuisine in almost every civilisation. Soups are supposed to be highly health beneficial because of their rich and dense nutritional value. The soups are prepared by different methods at different places in the world, thus every country has its own speciality soup. The soups are mainly classified into thick soups, thin soups and speciality or international soups. These soups vary in the method of preparation, composition and basic ingredients used as stock.

