

PHYSICAL EDUCATION

Subject : Physical Education

Semester : 4th

Paper No. and Title : (401) Test, Measurement and Evaluation in Physical Education

Lecture No and Title : 02

GLOSSARY

Dribbling: To move the ball with stick in control around the field without losing possession.

Hitting: The powerful drive or powerful shot to off the ball on long distance / faster speed.

Shooting: Hitting or flicking the ball into the goal from shooting area.

Skill: Ability to do something well in a effective and economic way.

India Cone: The equipment made of light material in a pyramid shape.