

**TEST**  
**Brady's Wall Volleys Skill Test**

**INTRODUCTION**

A volleyball test has been proposed by Brady as measure of General Volleyball playing ability for college men. The test was originally developed for college boys, Clifton (1962). He constructed a volley ball skill test on 137 college men volley ball players.

**RELIABILITY OF TEST**

The test–retest reliability coefficient reported is 0.92 while the validity coefficient has been reported to be 0.86

**PURPOSE**

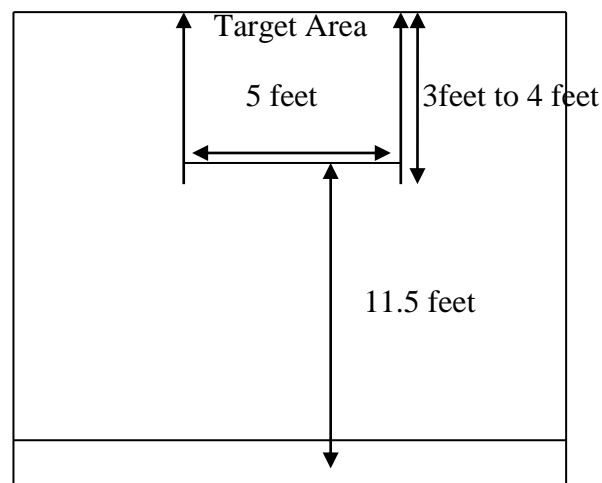
The Test was constructed to measure the general Volleyball playing ability of College men.

**EQUIPMENT**

Standard inflated Volleyballs, a Standard Wall, Wall Marking Chalk, measuring tape, Stop Watch and a pair of staircases for support to mark the target.

**TEST TARGET DIMENSION**

A target or Test Area is marked on the wall with good quality marking chalk. The target is bounded by a horizontal line of 5ft length at the height of 11.5 or 6 feet from the floor/ ground two ends of 5 feet horizontal line are extended upward towards the ceiling up to 3 or 4 feet high.



**Figure of Test Area**

## TEST ADMINISTRATION

The subject / performer are asked to make a maximum number of volleys standing at any place in front of target in one minute. He is specifically instructed that only the legal volleys will be counted, that is, the subject should perform real volleys and not the thrown balls, and volleys must hit the wall within the boundaries of the target. If the ball is caught or gets out of control, the subject is to be asked to repeat from the start. Two trial may given and the best be counted.

## START OF TEST

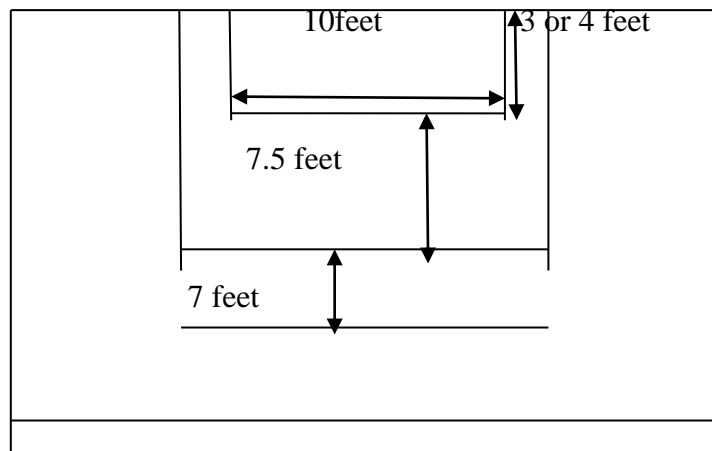
On the signal G o! The stop watch will start and the ball is tossed against the wall at the target area. On the rebound the ball is volleyed into the marked target consecutively for one minute till the stop signal is given.

## SCORING

Number of Real volleys is one minute gives the scores of the test.

## MODIFICATION OF TEST

Modification is made in Brady Wall Volley skill Test for applying on Women and Young boys .As the test was originally developed for college boys, Clifton( 1962), modified Brady Volleyball test for College Women by Lowering the Target to The Volleyball Net Height of 7.5 feet from the floor. The Horizontal direction is extended to 10 feet instead of 5 feet and the women are to volley standing behind a restraining line drawn at the distance of 7 feet from the wall. The number of Volleys made in 30 seconds gives the score in modify test for college women, The Validity coefficient was 0.70 and reliability test-retest coefficient was 0.83.



## **Figure of Modified Test Area**

### **RE MODIFICATION**

Cummisky 1962 modified the Brady Test for boys of 11-14 years age. The 5 feet line was lowered to the height of 8 feet from the floor, the usual 4 feet vertical line was drawn at the end of this line. A back drop was set up 15 feet from the target wall to act as a barrier in retrieving loose balls .Instead of continues one minute Volleying in the original Brady test, two sessions of 30 seconds and 45 seconds were conducted. The test re-test reliability coefficient was 0.86.