

## **PHYSICAL EDUCATION**

Subject : PHYSICAL EDUCATION  
Year : 4<sup>th</sup> Semester  
Paper No. & Title : CC-401  
Measurement and Evaluation in Physical Education  
Topic Title : FYT Health Related Physical Fitness Test  
Lecture No. & Title : 03  
FYT Health Related Physical Fitness Test

## **REFERENCES**

Kansal, Devinder K. 2008. *Applied Measurement, Evaluation & Sports Selection*. Sports & Spiritual Science Publication, New Delhi.

Scott, M. G. and E. French. 1959. *Measurement and Evaluation in Physical Education*. Wm. C. Brown Company Publishers, Dubuque, Iowa, U.S.A.