



Glossary

Coaches: someone in charge of training an athlete or a team

Mobility: the quality of moving freely

Goalkeeper: the soccer or hockey player assigned to protect the goal

Penalty: a free kick from a spot marked in front of the goal, defended only by the goalkeeper

Rebound: move back in a roughly opposite direction after an impact

Defending: attempting to or designed to prevent an opponent from winning or scoring

Player: a person who participates in or is skilled at some game