



FAQs

1. What do you mean by the term volleyball?

Ans:- Volleyball is a team sport in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules.

2. What is the objective of the volleyball game?

Ans:- The objective of the game is to send the ball over the net in order to be grounded on the opponents court and to prevent the same effort by the opponent.

3. What is the size of a penalty area in a volleyball court?

Ans:- The size of a penalty area in a volleyball court is approximately 1x1m.

4. What is the weight and circumference of a volleyball?

Ans:- The circumference of a volleyball is 65-67 cm and its weight is 260-280 g.

5. How many officials are there in a volleyball match?

Ans:- One 1st referee (who takes all important decisions on the play proceedings), and one second referee control the game and enforce all rules impartially. They are assisted by a scorer and line judges.

6. Write any two responsibilities of 1st referee?

Ans:- The two responsibilities of 1st referee are-

- a. inspects the conditions of the playing area, the balls and other equipment;
- b. performs the toss with the team captains.

7. Mention any two duties of 2nd referee?

Ans:- The two duties of 2nd referee are-

- a) The 2nd referee performs his/her functions standing outside the playing court near the post, on the opposite side of and facing the 1st referee.
- b) The 2nd referee is the assistant of the 1st referee, but has also his/her own range of jurisdiction.

8. Name one Arjuna awardee and Dronacharya awardee in volleyball?

Ans:- SANJAY KUMAR(Arjuna awardees)

M. SHYAM SUNDAR RAO(Dronacharya awardees)

9. Write one national and international tournament in volleyball?

Ans:- National tournament = Federation Cup

International tournament = Olympic Games

10. What is the height of a volleyball net for men and women?

Ans: The height of a volleyball net for men is 2.43 m and 2.24 m for women.