



SUMMARY

Volleyball is a team sports in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules. It has been a part of the official program of the summer Olympic since 1964. The complete rules are extensive but simply play proceeds as follows. A player on one of the teams begins a rally by serving the ball from behind the back boundary line of the court over the net. The receiving team must not let the ball be grounded within their court. The team may touch the ball up to 3 times but individual players may not touch the ball twice consecutively.