

1. What do you mean by the term volleyball?

Ans:- Volleyball is a team sport in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules.

2. When and who invented the volleyball game?

Ans:- The volleyball game was invented in 1895 by William G. Morgan.

3. What are the objectives of the volleyball game?

Ans:- The objectives of the game are to send the ball over the net in order to grounded on the opponents court and to prevent the same effort by the opponent.

4. Mention two serving styles in volleyball?

Ans:- The two serving styles in volleyball are as follows:

- a)The underhand serve
- b) The overhand serve.
- 5. How passing in volleyball is executed?

Ans: Passing in volleyball is executed by interlocking our fingers, holding our arms straight and away from our body. Make contact with the ball on our forearms and follow through to our target.

6. Writes two types of passing?

Ans:- The two types of passing are as follows:-

- a) Overhead pass: for performing overhead pass a player should stand with feet apart, knee bend, body crouched and leaning forward.
- b) Underarm Pass: play the ball at body's midline contacting the ball out from the body at above knee level.
- 7. Mention three needs for analysis of the fundamental skills?

Ans:- The three need for analysis of the fundamental skills are-

- a)To make the skills effective.
- b)To achieve the aim of acquiring skills.
- c)To remove error from the skills.
- 8. What is another name of overhead passing?

Ans:- The another name of overhead passing is setting, typically is the second shot in a three-shot sequence.

9. What is the full form of FIVB and when it was founded?

Ans:- The full form of FIVB is Federation International De Volley-Ball (FIVB) and it was founded in 1947.

10. What is blocking?

Ans:-Blocking is a defensive play made close to the net. The object of a block is to deflect an offensive shot directly back toward our opponent.