

- 1. Who introduced the handball game and in which year?
- Ans:- The teacher Holger Nielsen introduced the handball game in the year 1898.
- 2. Write any three fundamental skill of handball?
- Ans: The three fundamental skill of handball are
 - a)passing
 - b)shooting
 - c)dribbling
- 3. Write any 4 types of passes in handball?
- Ans: The 4 types of passes in handball are
 - a) hook pass
 - b) overhead pass
 - c) ground(roller)pass
 - d) side arm pass
- 4. What do you mean by the term handball?
- Ans:- Handball is a team sport in which two team of several player each pass a ball using their hands with the aim of throwing it into the goal of the other team.
- 5. Name the governing body of handball and when it was formed?
- Ans: The governing body of handball is international handball federation and it was formed in the year 1946.
- 6. What are the types of feints in handball?
- Ans:- The types of feints in handball are
 - a) body feints
 - b) ball feints
 - c) performance of feints

- 7. Name any three basic element of the goalkeeper's play?
- Ans: The three basic element of the goalkeeper's play are
 - a)posture
 - b)moving
 - c)using trunk
- 8. When was the European handball federation formed?
- Ans:- In 1991 the European Handball Federation was formed.
- 9. What is the length of the full court diagonal distance of a handball court?
- Ans:- The length of the full court diagonal distance of a handball court is 44.72m.
- 10. What is the overall size of the handball court?
- Ans:- The overall size of the handball court is 40 meters(44 yard) long and 20 meters(22 yard) wide.