

Glossary

- 1) **Stance:** The way in which someone stands, especially when deliberately adopted (as in cricket, golf, and other sports) a person's posture. In cricket, it is the ready position when the batsman is about to face a delivery.
- 2) **Stride:** A walk with long, decisive steps in a specified direction.
- 3) **Forward Defensive:** This shot is played to a ball of a good length or slightly fuller. If this defensive shot is not played the ball would hit, or pass very close to the stumps.
- 4) **Backward Defensive:** This shot is played to a ball of a good length or slightly shorter that would otherwise hit or pass over the top of the stumps.
- 5) **Crouch:** It is a position that is applied by the wicket keeper to ensure that they are in the best possible position to stop/ catch the ball effectively.