

## **Objectives**

Objectives of this module are:

- to instil to the student a sense of the principle that 'not to get hurt, but to hurt the opponent at will' is the motto of Yannaba Thang.
- to train the student to be conversant with the skill of striking at sixteen selected vital spots of the opponent's body known as thangbi tarataruk.
- to learn both yanbagi thangbi (attacking formula) and ngakpagi thangbi (defensive formula) for each of the sixteen strikes.
- to be conversant with the footwork in coordination with the thanglon which is the language of swordplay.
- to learn the implementation of coordinated movements of six count system, ten count system, and twelve count system.
- to master chungoi marol which is the language of using the shield to protect vital parts of the body like neck, head, heart, etc.