## **Glossary:**

# **Leiteng Thang:**

Leiteng Thang is as traditional exercise system of practicing swordfight or Thang aimed at building performers skilled at giving a blanket protection to his body with the use of sword each in both right and left hands, with a shield and a sword. It also provides the performer a skill of delivering strikes to the opponent at will.

## **Yet-thang:**

It is the technique of handling sword with the right hand and executing thanglon, a prescribed movement pattern done in coordination with the left hand and footwork.

## Oi-thang:

It is the technique of handling sword with the left hand and executing thanglon, a prescribed movement pattern done in coordination with the right hand and footwork.

# Thanglon:

Thanglon is a preset structure or grammar of the movement of thang, the sword.

**Phunga nungdum saba:** It is a triangular basic footwork.

**Khongpham manga:** It is five step basic footwork.

**Pallandabi:** It is star shaped stepping motif believed to be attributed with psychic power.