



## **GLOSSARY**

1. Amplitude- A measurement that indicates the movement of something.
2. Balance-The state of having our weight spread equally so that we do not fall.
3. Flexibility-Willing to change or to try different things
4. Federation-An organization that is made by loosely joining together smaller organization.
5. Jeopardize-To put in danger.
6. Judge-To form an opinion about after careful thought.
7. Obligated-To bind legally or morally.
8. Panel –A group of people who are chosen to be jurors
9. Score-The number of points, goals, runs that each player has in a game or contest.
10. Snug-Fitting closely and often too tightly.