

References:

1. Bucher, C.A., and Wuest Beborah A., *Foundations of Physical Education and Sports*, St. Louis, Toronto, 1987.
2. Parratt S.N., *The Religion of Manipur*, Calcutta, 1980.
3. Parratt, S.N. and Parratt, John, *The Pleasing of the God: Meitei Laiharaoba*, Delhi, 1997.
4. Sanahal, Guneshwor Singh R.K., *Meitrabakki Thang-Tagi Marol*, Imphal
5. Sanahal, R.K., *Satjal*, Part I, Imphal.
6. *Karthong Lamlen*, (MS), unpublished ancient manuscript in the custody of Pdt. N. Khelchandra.
7. *Ningthourolgi-Thang*, (MS), unpublished ancient manuscript in the custody of Pdt. N. Khelchandra.
8. *Thanglon Thangchat*, (MS), unpublished ancient manuscript in the custody of Pdt. N. Khelchandra.