

## Glossary

Element: An abstract part of something

**Predominant:** Most frequent or very common

**Muscular:** Of or relating to or consisting of muscle

Depression: A mental state characterized by a pessimistic sense of inadequacy and a

despondent lack of activity

**Reversibility:** The quality of being reversible in either direction

Overload: Become overloaded

**Stimulus:** Any stimulating information or event; acts to arouse action

Orthopedic: Of or relating to orthopedics