



FAQs

Q1. How many parts are there in selection of trainers?

Answer: There are three parts in selection of trainers.

Part I – Identify Trainer Competencies.

Part II – Behavior-Based Interview with Human Resources.

Part III – Candidate Presentations.

Q2. What is health club?

Answer: A health club is a place where exercise equipments are kept for the purpose of physical exercise.

Q3. What is fitness centre?

Answer: A fitness centre is a large room where special equipment is kept for the people to do physical exercise and get fit.

Q4. What type of resources is included in layout of health clubs and fitness centre?

Answer: In layout of health clubs and fitness centre resources like a desk, a work center, a cabinet, a person, an entire office, or even a department might be included.

Q5. What does a systematic training programme helps to reduce?

Answer: A systematic training programme helps to reduce the learning time to reach the acceptable level of performance.