

**SUMMARY:**

Sports training of a sportsperson ends with the tactical perfection of the sportsperson. The training process begins with the physical preparation followed by the technical preparation and then the tactical preparation, with the mental or psychological preparation taking place gradually throughout the training process of the sportsperson. Through tactical training the individual is equipped to use the technical skills developed overtime to intelligently and creatively apply them during the time of the competition. It is impossible for a sportsperson to attain top level of performance without the development of the tactical efficiency of the sportsperson. Thus tactical component plays a vital role in the success of the whole training program.