



FAQs

Q1. What do you mean by the term gymnasium?

Ans:- A gymnasium was an arena , a room or an open enclosed space where Greek youth used to be engaged in a variety of physical activities, such as massaging , judo , boxing ,etc. Today gymnasium is a flexible term that refer to all indoor complexes used for multipurpose sports and physical activities.

Q2. What is team teaching station?

Ans:- The team teaching station is used to mean any room or space where one teacher can instruct or supervise the learning experience of one class or group of students.

Q3. Where should the gymnasium building should be located?

Ans:- Gymnasium building should be located between main school building and the playground, it should neither too close nor too far in residential schools.

Q4. Write any two point for maintaining a gymnasium?

Ans:- The following are the two point for maintaining a gymnasium:

Develop maintenance plan: -Even the most simple and smallest gymnasium require comprehensive maintenance plans in order to maintain full utilization of the facility.

Maintain equipment warranties: -There is nothing more valuable than a warranty to purchased equipment. If anything happens to the equipment, such as a malfunction, coach will be able to quickly access the warranty and ensure the equipment is repaired or replaced in the timeliest fashion.

Q5. Enlist any two essential function for supervision of gymnasium?

Ans:-The two essential function for supervision of gymnasium are as follows-

A) Assists in planning, organizing and supervising special events.

B) Assists with the administration of youth and adult leagues, keeping scores, maintaining leagues standings, and acting as referee.

Q6. Why swimming pools are needed?

Ans:- Swimming pools are needed to teach and promote swimming.

Q7. Where should the swimming pool should be located?

Ans:- Swimming pool should be located at such a place in the institution that it cause no disturbance to the other academic routines of the institution.

Q8. How many lanes are there in a swimming pool and what is the width of each lane?

Ans:- In a swimming pool there are 10 lanes and each lane width should be is 2.50m.

Q9. What should be the depth of a swimming pool for a beginner?

Ans:- For the beginner the depth of a swimming pool should be 2.5 to 4 feet.

Q10. What types of people are not allowed for swimming in a swimming pool?

Ans:- Persons with skin disease, open wounds, eye and ear infections, bad cold and fever etc. are not allowed for swimming in a swimming pool.