



Summary

From this chapter we can summarize that, Equipment is an vital of Physical Education and sport. Though several interesting activities can be played without any equipment, almost all institutionalized games and sports require standard equipment. In sports like shooting, archery, cycling etc equipment accounts for more than 30 to 40% of the athlete's success at competitions. Equipments and materials (supplies) are the terms which carry varied meaning in physical education and sport. The ground surface should be plain for the games activities in physical education. Hard play field surfaces are constructed with different kind of materials, having advantages and disadvantages over each other.