



## FAQs

**Q1. Why all the facilities of physical education should be near the school?**

**Ans:** All the facilities of physical education should be near the school as proper planning of physical education can be done.

**Q2. What are the main outdoor facilities in physical education?**

**Ans:** The main outdoor facilities in physical education include play field and play equipments.

**Q3. Which outdoor game ground should face the east – west direction?**

**Ans:** Only the kho-kho ground should face the east – west direction.

**Q4. Which direction should the construction of the ground face?**

**Ans:** The construction of the ground should face the North – South direction.

**Q5. What kind of marking is used on wooden and cement flooring?**

**Ans:** Point marking is used on wooden and cement flooring.

**Q6. Mention three ways of marking with powdered lime.**

**Ans:** The ways of marking with powdered lime are:

1. Marking with dry powdered lime
2. Marking with pasty lime
3. Marking with lining machine.

**Q7. Explain multipurpose use of outdoor facilities.**

**Ans:** where space is limited, an efficient multiple use of the area should be planned e.g. Football and Hockey fields can easily be accommodated inside the standard track. To make multipurpose use portable goal posts shall be required.

**Q8. What are free circulation and safety spaces?**

**Ans:** Sufficient circulation as well a safety space should be provided around each play field. Space should be provided for officials, substitutes, spectators etc. As far as possible it should be conform to the standard rules and regulations of the games and sports.

**Q9. Mention H.C.Buck's description of facilities.**

**Ans:** The following is the description of facilities:

According to H.C. Buck:

Kindergarten	150sq.feet per students
Primary school	250sq. Feet per student
Middle school	400sq. Feet per student
High school	1000sq. Feet per student
College	2500sq. Feet per student