



## Summary

The American Association for Health and Physical Education was founded officially in November, 1885. For the first time, Indian Education Commission, which in 1882, recommended that physical training be promoted in the interest of youth by the encouragement of native games, gymnastics, drill and other exercises but suited to each class of a school. In schools, physical education is a neglected subject chiefly for two reasons. 1) Heads of the institution (and academics) have scant respect for sports activities, and 2) physical education and sports is no priority subject. Except where physical education is a teaching subject, the college physical education department is a non-teaching department headed by the senior most lecturer generally known to the students as DPE (Director of Physical Education). The number of physical education teachers in a college depends upon student-strength. As the highest seat of learning, a university is an autonomous statutory complex structure of faculties, teaching and non-teaching departments, research divisions, administrative offices and welfare units. Irrespective of their status-affiliating, residential or institutional- all universities have a Department of physical Education usually headed by a Director with appropriate administrative set up. There are at least three types of physical education departments in existence in the universities in India: 1) Non-teaching Department where the functions, duties and responsibilities involve training, coaching, conduct of intercollegiate and /or inter-university tournaments, and sponsoring university teams for inter-university competitions” 2) Teaching Department catering to academic of physical education and 3) Composite Department involving both administrative and academic responsibilities’ discussion on the present and proposed set-up of each of these types of university department will be interesting and exciting.