



Summary

The intramural programme provides a platform to hunt the talent among the students of the institution. Those who possess greater aptitude or natural abilities are selected for further well organised training programmes and they represent the institution in individual/ team sports in the extramural competitions. Intramural activities are the most enjoyable phase of physical education and sports programmes. It is important to mention here that it is the sole responsibility of the department of physical education to provide equal opportunities to the students who are following professional studies in physical education and sports to take part in activities.