



FAQs

1. What do you know about intramural?

Ans. The word ‘intramural’ is derived from the Latin word “INTRA” meaning “WITHIN” and “MURMUS” or “MURALS” meaning “WALL”. It means intramural activities are those activities which are conducted or organized within the walls of the institution for the students of the institution only.

2. Highlight any one of the value of intramural programme.

Ans. Intramural programme provides opportunities for the students to organize and conduct competition and practice in them as a part of their training that too under the leadership of experienced teacher of physical education.

3. Describe the identification of units for the intramural competition.

Ans. Unit” is the term we give to a student group that has a representative (Unit Manager) on our Intramural Council. Most residences and faculties have a Unit Manager. Any student group not represented on the Intramural Council can apply to become a recognized Intramural Unit. A Unit Manager is responsible for managing the all teams associated with their Unit and acting as a liaison between the Intramural Council and the constituents of their Unit. Unit Managers routinely register and manage teams for their Units and advocate on their behalf.

4. Who is responsible to decide the rules and regulations of the intramural competition?

Ans. It is the responsibility of the intramural committee to decide the rule and regulation of the intramural competition well before intramural competition announced.

5. Mention the events of intramural competition.

Ans. Subject to the availability of facilities, equipment, time and personnel in adequate measure, intramural may be organised in suitable activities from out of the following activity bunch:

1. Regulation games(Football, Volleyball, Hockey, Basketball etc)
2. Minor games(tag and it games, relays)
3. Modified games(pin football,5-a side hockey etc)
4. Recreational activities
5. Indoor activities(chess, tombola, housie)
6. Outdoor adventure activities (hiking, trekking etc)
7. Pagal gym khana games(fun contests)
8. Social games
9. Water sports.

6. Write the rewards and incentives for winners.

Ans. Prizes, awards, rewards and other material incentives are traditionally given for high performances and achievements. Whether or not this practice is justified in the case of intramurals is a debating point. Inscription of one's name on the honour board is far better than receiving a small cup or shield or a T-shirt for outstanding performance.

7. Who is the connecting link between those who conduct the programme and participants?

Ans. Intramural committee is the connecting link between those who conduct the programme and participants.

8. Which programme encourages voluntary participation of a large number of students in wide range of activities?

Ans. Intramural programme encourages voluntary participation of a large number of students in wide range of activities.

9. What are the events that can be used beside games in intramural?

Ans. Music, debate, public speaking, dance and dramatics etc are the events that can be used beside games in intramural.

10. What is the motto of intramural?

Ans. The motto of the intramural may be taken as "A game for each and each for a game".