



Summary

Leadership is the act of influencing other people to co-operate towards some common goals which they come to find desirable. Without the cooperation of his or her followers, no leader can retain his or her position and prestige for a long duration. In the modern society there is a great emphasis on leadership; leadership is a basic trait of an individual personality. Leadership is often regarded as the important modifier of organizational behaviour. It can be superior strength; superior tact, superior knowledge, superior will power, any or all of these may be the means to the attainment of leadership. Leadership in physical education is very important so that he can lead and control the groups/teams at play fields.