

Assignment

- Q1. Develop a plan of care of a patient who is in bed since 2 years.
- Q2. Develop a plan of strengthening exercise program for a patient having left arm weakness.
- Q3. Develop a plan of mobility exercise program for a patient after fracture of upper arm.
- Q4. Explain how yoga can be helpful in relaxation.
- Q5. Explain how the balance can be re-educated.