



Glossary

1. **Bruising:** Injury of the soft tissues that results in breakage of the local capillaries and leakage of red blood cells.
2. **Tendon:** A flexible but inelastic cord of strong fibrous collagen tissue attaching a muscle to a bone.
3. **Ligament:** A short band of tough, flexible fibrous connective tissue which connects two bones or cartilages or holds together a joint.
4. **NSAID:** Non-steroidal anti-inflammatory drug.
5. **Swelling:** An abnormal enlargement of a part of the body, typically as a result of an accumulation of fluid.
6. **Capillary:** Tiny blood vessels that connect the smallest arteries (arterioles) to the smallest veins (venules).
7. **Sign:** Any objective evidence of disease or dysfunction
8. **Symptom:** Any subjective evidence of disease.
9. **Dura-matter:** The tough outermost membrane enveloping the brain and spinal cord.
10. **Splint:** Rigid or flexible appliance for fixation of displaced or movable parts.
11. **Sling:** A flexible strap or belt used in the form of a loop to support or raise a hanging weight
12. **Sub-arachnoids space:** The space between the arachnoid and the pia mater through which the cerebrospinal fluid circulates and across which extend delicate trabeculae of connective tissue.