



Glossary

ALIGNMENT: Forming in line.

ATROPHY: Gradual loss of muscle usually because of disease or lack of use.

HANDICAP: A disadvantage that makes achievement unusually difficult.

INJURY: An act that damages or hurts.

JOINT: A point where two bones meet in the body

KYPHOSIS: Exaggerated outward curvature of the thoracic region of the spine.

POSTURE: The pose of a model

REHABILITATION: To bring someone back to a normal, healthy condition after an illness, injury, drug problem.

SOCIETY: People who are fashionable and wealthy.

THERAPY: The treatment of physical and mental illnesses.