

SUMMARY

The term “Teaching Method” refers to the general principles, pedagogy and management strategies used for instruction by the teachers to achieve the desired learning by the students. Teaching methods can be mainly categorised into four groups-teacher-centered method, learner-centered method, content-focused method and interactive method. The common specific teaching methods are lecture, demonstration, classroom discussion, cooperative teaching, brainstorming, role play, inquiry-based teaching, experiential learning, etc. For effective teaching, it is important to know one’s learning styles which depend on cognitive, emotional and environmental factors, as well as one’s prior experience. An individual’s learning style falls into four categories: Visual, Auditory, Reading/Writing preferences and Kinesthetic popularly known as Neil Fleming’s VARK learning model.