

GLOSSARY:

Agility: Ability to make quick change of movements and accurate.

Arts: The creation or expression of something beautiful, a human skill.

Crafts: An occupation, especially one needing skill.

Creativity: To bring into being, make or produce something new and original

Criteria & principles: A standard of judging or test with clear guidelines.

Dedication: To commit or devote yourself to a particular cause

Drama: An act or play of something for public to see.

Flexibility: The ability to bend or adapt easily without breaking.

Kinaesthetic sense: Ability to be instinctive aware of one surrounding.

Motivation: To stimulate an interest and add incentives.