

## **FAQs:**

### **Q1. What is a society?**

**Ans.** Society is the combination of individuals. These individuals have their various needs which they want to be satisfied. For this purpose people behave in a customary way which is controlled by norms.

### **Q2. Explain family recreation.**

**Ans.** The family is the smallest social institution with the unique function of producing and rearing the young. Family recreation involves the activities a family chooses to engage in during leisure time. It is important for the elders in the family to provide as many opportunities of recreation to the children as well as themselves, depending on the amount of leisure time a family can plan a diverse range of activities that may range from minor games at home to going out on a trekking or camping trip depending on the interests of the individuals.

### **Q3. What are social institutions?**

**Ans.** Social institutions are a system of behavioural and relationship patterns that are densely interwoven and enduring, and function across an entire society. Social institutions are important structural components of modern societies that address one or more fundamental activity and/or specific function.

### **Q4. Explain the importance of social institutions?**

**Ans.** Social institutions are important structural components of modern societies that address one or more fundamental activity and/or specific function. Without social institutions, modern societies could not exist. Societies consist of a range of institutions that play myriad specific roles in facilitating human social life, and which themselves are dependent upon one another for the performance of their respective functions.

### **Q5. List the various parts of the social institution and its functioning.**

**Ans.** Family, education, religion, politics and government and economy are the various parts of the social institution. Just as all the organs in the human body works in coordination with each other for perfect functioning and survival similarly every part of the social institution have to work in

coordination with one another in perfect harmony for the social institution to not just survive but to thrive and be at the top.

**Q6. Explain the functions of the family in the social structure.**

**Ans.** The functions of a family are as follows:

- socialization of the child,
- cultural transmission or enculturation,
- providing the environment for personality development and
- growth of self-concept in relation to others.

**Q7. Explain institutional recreation.**

**Ans.** Institutional recreation or school or college recreation is the type of recreation that is provided by the concerned authorities, boards or universities for the persons who are registered with it. They have a varied range of functions to be carried out in the process of educating a child to transform him into a fully integrated individual. Right from teaching basic cognitive skills like reading, writing and mathematics to making them law abiding citizens contributing significantly to the national economy, educational institutions act as the agent of change.

**Q8. What is the basic difference between the process of recreation and education?**

**Ans.** In education we have a prescribed syllabus which needs to be adhered to, which is not the case when it comes to recreation. In recreation a child is offered a variety of program areas from which the child has the liberty to choose and engage in during the free or leisure time. Depending on his needs at the given moment the child may choose from art and craft, games and sports, hobbies, camping and other natural activities. The utmost development of the individual is sought by both education and recreation; but recreation affords immediate satisfaction whereas education aims at a more distant goal. The component of compulsion is present in education while it is lacking in recreation experiences. Many activities such as sports, music, drama or arts are common to both the programs, but in education they represent areas in which skills, understanding and appreciation are to be acquired. In recreation program, the activities serve primarily as a means of using and enjoying skills and interests that have already been acquired. Yet educational growth is a part of every satisfying recreation experience.

**Q9. Elaborate the role of recreation in a community.**

**Ans.** Recreation plays a very pivotal role in bringing together the people of the community by providing them a common ground of participation where all members of the community can express themselves, work in cooperation with one another and ultimately function as a team for that particular instant as recreation aims at instant gratification, but in this case the members of the community come in as units but walk out as neighbors with a sense of belonging to that geographical area, or village or town and in current scenario we may rightly add the housing societies.

**Q10. What is religious recreation?**

**Ans.** Religious recreation is not a new concept but has been a part of the religious institutions since ages. Churches for instance have been actively involved in introducing the role of recreation in religious activities, which include activities as diverse as programs including basketball, softball, volleyball, tennis, golf, relay races and dance. Other religious places also place great value to the various forms of art and craft, music, etc which provide recreation and help in the development of an individual involved in those activities.