

FAQs:

Q1. Explain leadership.

Ans. Leadership is both a research area and a practical skill encompassing the ability of an individual or an organization to 'lead' or guide other individuals, teams, organization or an entire country. It is the ability to build up confidence and zeal among people and to create an urge in them to be led. Leadership is an important element in directing the functions of a group, an organization or management. Wherever there is an organized group of people working towards a common goal, some form of leadership becomes essential.

Q2. Elaborate on the status of recreation in India in the earlier times.

Ans. India is considered on the top as far as civilization is concerned. In Indian culture recreation also had its own place. During the Gupta period India was a golden bird in the cage which attracted people from all over the world. People engaged in a lot of activities for the sake of fun solely. Malmal (a type of soft cloth material) from Dhaka, the monuments like Taj Mahal, Birbal's stories, poetry, tournaments, animal fights etc. are the living proofs of recreation during the earlier times.

Q3. What are various places where a recreational leader functions?

Ans. The Recreational Leader has to plan, organize and coordinate recreational, cultural and athletic activities for people to enjoy in their leisure time. They work in a variety of institutional set ups such as community centers, municipalities, corporations, clubs and other similar public and private institutions; they are also found in correctional institutes, homes for the elderly and other facilities that recognize therapeutic aspects of recreation.

Q4. How does a recreation leader gains qualification?

Ans. The recreational leader can have qualification through three sources, namely:

- General Education Program
- Special Professional Training
- Experience and Maturity

Q5. Elaborate general education program for the qualification of a recreational leader.

Ans. There are many universities all over the world providing degrees and diplomas, technical education in recreation. In India too there is a specific program for recreation under the physical education curriculum.

After 1947, our government had taken special interest in recreation. Recreation is now one of the main purposes of education which is a state objective according to the constitution. The government has constituted a Recreation Board under the education department, with a view to seeing that the facilities for recreation are provided to people as an alternative occupation during leisure hours.

The Central Advisory Board of Physical Education and Recreation was set up by the Union Ministry of Education, in order to plan, guide and coordinate the development of physical education and recreation.

The colleges of physical education are making efforts for the promotion of recreation. In addition there are National Coaching Centers, Bal Bhavans, Parks, playgrounds and facilities provided by the municipalities and corporations to further promote and give more opportunities to people of all ages to get involved in recreation. It also includes areas of technical education such as Bachelors in Travel and Tourism, outdoor education which includes adventure education, outdoor school, adventure therapy, adventure recreation, etc.

Q6. Explain the following:

- a. Special Professional Training**
- b. Experience and Maturity**

Ans. Following are the methods for qualification for a recreational leader:

- a. Special Professional Training**

Special professional training is to help professionals to thrive on helping children and youth with disabilities access the general curriculum and accomplish the academic and social goals established by our culture and enjoy recreation activities as well.

- b. Experience and Maturity**

A philosophy that informs many methodologies in which the educators purposefully engage with learners in direct experience and focused reflection in order to increase knowledge, develop skills, clarify values, and develop people's capacity to contribute to their communities.

Q7. What are the qualities and skills required by a recreational leader?

Ans. The working conditions of a recreational leader may have physical demands, sensory demands, and mental demands and is also dependent on environmental conditions. There are certain qualities of personality that he or she should possess in order to be a competent recreational leader and be successful in performing the duties required of him or her. Qualities such as a robust and healthy physique, physical energy and vitality and a pleasing appearance; intelligence, mental alertness and fine knowledge; wholesome temperament and transparency are essential pre-requisites.

Q8. List any 5 qualities of a recreational leader.

Ans. The five qualities and skills required for an individual to stand out from the crowd and be the recreational leader are discussed under the following heads:

1. **Love of people:** To have a sincere interest in people, an acceptance of them as they are.
2. **Enthusiasm:** Nothing great was ever accomplished without enthusiasm. But this should be genuine enthusiasm. There must be sincerity.
3. **Awareness:** The recreational leader should know when the interest is going, when to tighten the group and when to ease. He or she should be an engineer in human relations.
4. **Intellectual Capacity:** The recreational leader should have a mind to grasp knowledge, skills and understanding. He or she should always be eager to learn even if it comes from the most unlikely source.
5. **Initiative, Imagination and Vision:** The recreational leader should have the potential to start something new, to think of ideas for the present as well as for the future.

Q9. Why should the recreational leader have knowledge of the organization and its purposes?

Ans. The recreational leader should have a sound aim which is in sync with the aim of the organization and the community he or she is serving. He or she must have complete awareness of the why, what, how and for whom of the recreational program, or else the organization would be like a ship without a sound captain and the vast ocean tossing it into the abyss.

Q10. Describe the decision making ability of a recreation leader.

Ans. A good recreational leader does not hesitate when making and taking decisions. He or she has the courage to take action. He or she does considerable amount of thinking weighing all the pros or cons and comes to a decision and when he or she is at it there is no hesitation.

