

SUMMARY:

Camping is not just a recreation activity for the purpose of vacation but an educational one. It ends teaching the participant life skills of surviving under different conditions when he or she is away from daily comforts and does not have the privilege of using the modern gadget and technologies to solve his or her problems. Gives more opportunities for more active participation in a wide range of activities that are physically, mentally, socially and emotionally taxing and the individual solves problems thus gaining more and more fitness in all aspects thus making them fit and bringing about integrated development.