

FAQs

Q1. What is the meaning of the term recreation? What is its origin?

Ans. Recreation comprises any activity an individual engages in during free or leisure or discretionary time for fulfillment and self-satisfaction which ultimately leads to the development of an integrated personality who is socially adjusted and economically productive.

Recreation as a term first appeared in English in the late 14th century with the sense of 'refreshment or curing of a sick person'. It is derived from two Latin words, 'Re' meaning 'again' and 'Creare' which means 'to create, bring forth or beget'.

Q2. What are recreational agencies?

Ans. Recreation facilities, activities and programs are being provided by various agencies called the recreational agencies. These agencies were mainly created to meet the existing demands for the various types of leisure time opportunities. The agencies have their own scope, objectives and field of activities.

Q3. Describe the activities that are provided by the recreational agencies. Who do they serve?

Ans. Recreational agencies have their own scope, objectives and field of activities. Some recreational agencies serve only its registered members while others benefit the entire community. Most of the agencies are concerned with a single form of recreation; however there are others that provide a wide variety of activities. Some of the agencies are in for the financial profit which results from providing the public with recreation while others mainly cater to the needs of the individual and community life.

Q4. Categorize the agencies on the basis of the nature of activities and the people providing them.

Ans. Depending on the nature of the activities being provided and the agency providing them, we may categorize them into:

- Individual and Home
- Government Agencies
- Voluntary or Semi-Public Agencies
- Private Agencies and
- Commercial Agencies

Q5. Elaborate on individual and home as an agency for recreation.

Ans. An individual and his home are the primary centers for recreation and home is where an individual ends up spending all or most of the time be it the work related time and free time as well. Home doubtless is the chief center for most people. Activities in and around the home occupy more hours than those away from home. Home is where much of the indoor play takes place; individual and home recreation is not exactly an agency in itself however the activities that may be engaged in while one is in this setting may consist of reading, writing, walking, painting, riding, walking, fishing, group singing, dancing, playing an instrument, listening to radio, gardening, visiting and entertaining, cooking, story-telling, picnics, playing indoor games like carom, chess, etc. and many more.

Q6. What are the main functions of the central or federal government?

Ans. The central or federal government is essential to:

- Integrate program as in India there are many agencies and each agency has its own policy.
- Conserve natural resources
- Construct infrastructure and recreation facilities
- Maintains and administers recreational agencies
- Plans and advices on standards of recreational activities and programs
- Furnishes information through correspondence, publications and conferences to train recreation leaders.

Q7. List the various central and federal agencies of recreation in India.

Ans. In India the federal or central agencies for recreation are the National Recreation Association; Tourist Bureau; Central Advisory Board of Recreation; Central Sports Federations; Botanical Gardens; National Library; National and International Exhibitions; Youth Festivals; Republic Day Parades; Bal Bhawan, New Delhi; Sangeet Kala Academy; National Programs on the All India Radio.

Q8. Explain the functions of recreation performed by the commercial agencies.

Ans. Commercial agencies have been actively capitalizing on the universal urge for recreation, relaxation and release from daily routine. Commercial recreation's main focus is on deriving profits rather than providing best services. These agencies involve both passive and active participation in strenuous physical activities. Commercial recreation may be defined as 'Recreation that is established as private enterprise for which the participant pays'. Mass entertainment, such as

movies, television, radio and magazine are few of the means that are in the hands of the commercial interests.

Q9. Elaborate on the importance of sports organizations in providing recreation.

Ans. The growing popularity of games and sports in today's generation such as tennis, boating, cricket, hiking, etc. has resulted in the formation of private agencies which we also call clubs to provide recreation facilities and program specifically designed for a specific game or sport and for targeted group of people. These agencies comprises organizations that are not affordable by everyone, in some cases the membership fees is so high that only the most wealthy would be able to afford and in some of these clubs the membership is only open to prominent people in that sport. These also include the National Federations, State Associations for all types of competitive sports where there are set standards and rules to promote and conduct National tournaments.

Q10. What are private agencies? List the private agencies involved in recreation.

Ans. A large number of agencies providing recreation fall under this category. These agencies are not dependent on community support and provide services to the members only. The most important agencies in this group are industries, religious establishment, sports organizations and other clubs. The private agencies are listed as follows:

- Industries
- Religious establishments
- Sports organization
- Other clubs.